



the **BREASTFEEDING**
CENTER *for greater washington*

2021 Annual Report

What a year 2021 has been! Another year of many changes - from bringing back in-store shopping and some in-person classes after nearly a year of being remote (due to COVID), to on-boarding a number of wonderful new lactation consultants, to expanding our services to include speech language pathologist/feeding specialist appointments and babywearing appointments. It's felt great to get back to semi-"normal" and see our clients and their families interacting with one another in our space again, and it's also felt amazing to add on new services that we've been dreaming up for a while!

And best of all - these changes and expansions have allowed us to serve more families, to provide more free services, and to collect and ship more donated breast milk than ever before.

THANK YOU to all of our clients and donors for supporting us through 2021 and making sure we could continue serving families in 2022!



7,500+
FAMILIES

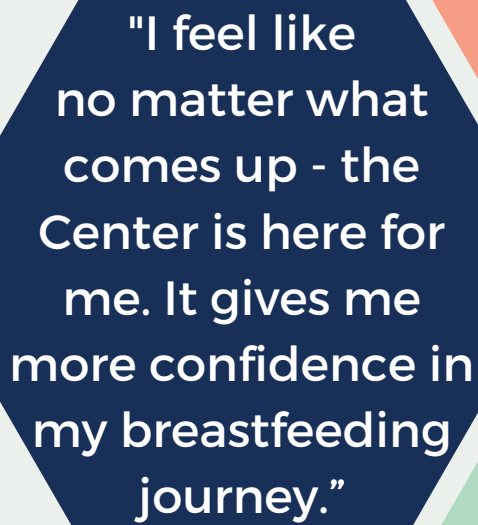
supported
through private
consultations,
group classes,
and
professionally-
led support
groups



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CONFIDENCE



"I feel like
no matter what
comes up - the
Center is here for
me. It gives me
more confidence in
my breastfeeding
journey."



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\$175,000+
IN FREE
SERVICES

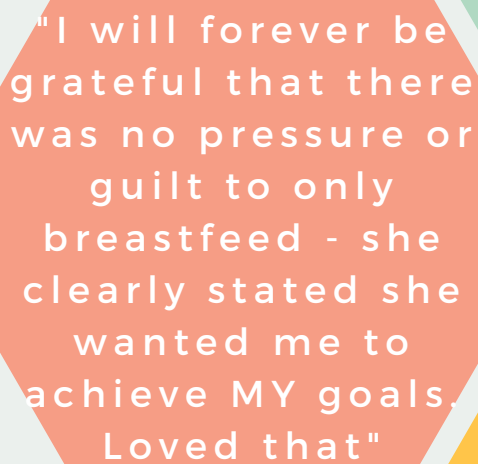
including
support groups,
classes,
consultations,
and hospital
grade breast
pumps



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NO
JUDGMENT



"I will forever be grateful that there was no pressure or guilt to only breastfeed - she clearly stated she wanted me to achieve MY goals. Loved that"

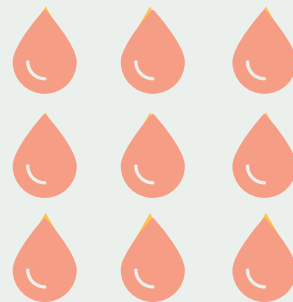


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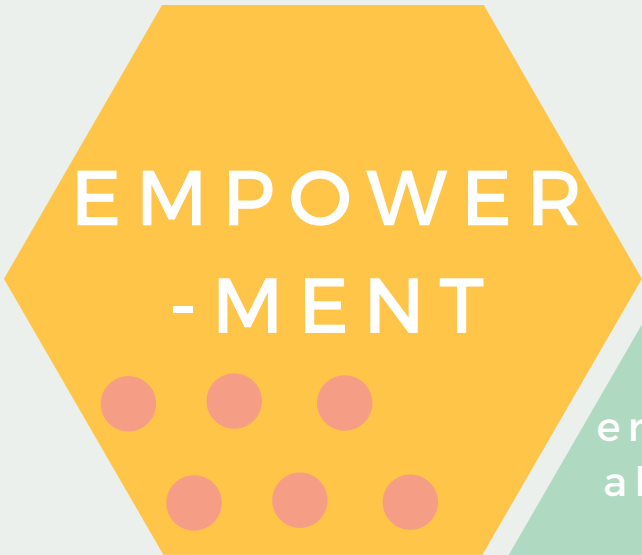
135,000+
OUNCES



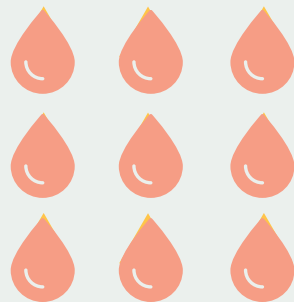
of donor
breastmilk
collected, stored,
and shipped to
our Milk Bank
from over 160
individual
donors.



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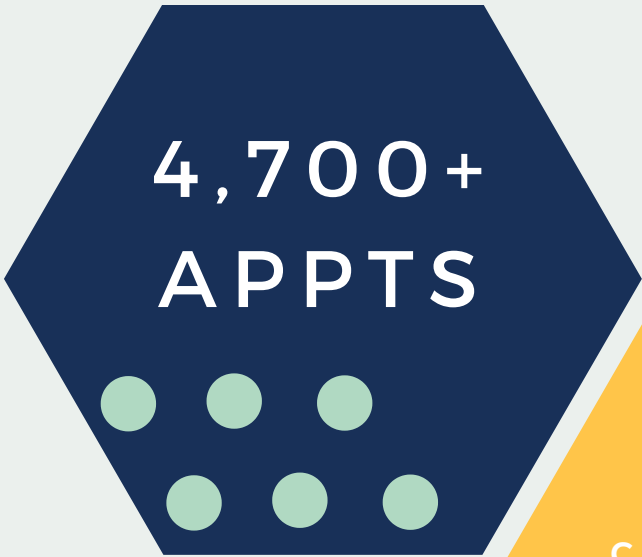


"I feel empowered, enlightened, and able to continue through challenges for as long as I determine is right for my family."



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4,700+
APPTS



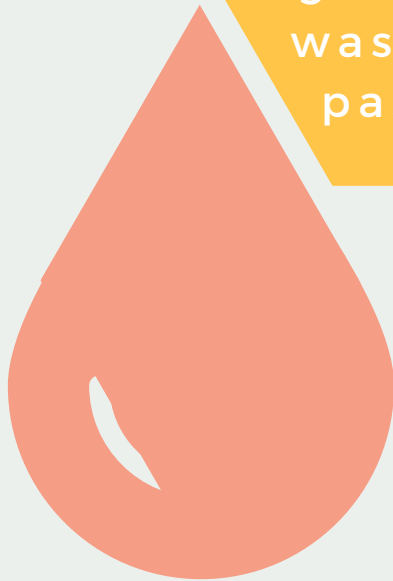
with board
certified
lactation
consultants via
telehealth, in our
office, and in our
clients' homes



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"She gave me the space to cry and told me I was doing a good job. She was very compassionate."



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